GET REAL!

Changing community nursing practice through research

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“So in other words, we’re hoping to discover what makes the nitty, gritty.”
Failure to translate clinical research findings into existing practice

It is thought that 30%–40% of people do not receive treatments of proven effectiveness and, more disturbingly, 20%–25% of people receive care that is not needed or is potentially harmful.
How to make evidence ‘real’ in a practice context

Model for evidence-based clinical decisions

Clinical Expertise

Research Evidence

Patient Preferences

Model for evidence-based clinical decisions
Barriers to Evidence Based Decision Making

- Time
- Availability of research results
- Resources to implement research findings
- Relevance
- Timeliness (having research when needed)
Facilitators of Evidence Based Decision Making

Systematic reviews overcome barriers

- Time (82%)
- Timeliness (62%)
- Relevance (46%)
- Availability of research results (30%)
- Resources to implement research (22%)
Knowledge Transfer and Uptake Framework

Knowledge → Persuasion → **Decision** → Implementation → Confirmation

**Evidence-based Decision-making**

- Research Dissemination
- Outcomes

**Research Utilization**

- Innovation characteristics
- type of decision
- values/beliefs
- evidence
culture
decision-making style
type of innovation

- Organizational characteristics
- Individual characteristics
- Environmental characteristics
- Dissemination strategies
The question...

How can we develop innovative strategies which will encourage the widespread, sustainable and systemic adoption of evidence-based practice, with the goal of improving client care?
"Ignore it, Henderson. It's unscientific."
Our cycle...

Evidence based practice

Practice based evidence
Answers?

We need development and implementation of point-of-care processes to promote evidence uptake.

Research needs to be translated into what the findings mean for practice and policy.
What can these processes be?

- What are RDNS nurses preferences for receiving research evidence?
- How can we promote use and overcome barriers to use?
- How can ownership of knowledge be distributed amongst RDNS nurses?
An example....

- A question raised in home based palliative care practice.

- What is happening to the single use medications stored in palliative care clients home refrigerators?
Questions?

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